



DIETARY SUPPLEMENT

## RASPBERRY KETONES

- Raspberry Ketones assist in suppressing metabolism
- It is easy to swallow and easy to digest
- Made with natural products capsuled in vegetable capsules, this product is free of raw materials and animal byproducts.

Studies show that when combining caffeine, raspberry ketones, garlic, capsaicin, ginger and synephrine, as well as eating a well-balanced diet and exercise, individuals lost 7.8% of their body mass while those on the placebo lost 2.8%.

<https://www.healthline.com/nutrition/do-raspberry-ketones-work#human-effects>



Previously only used in cosmetics applications for healthier skin, Raspberry Ketones have recently been known to promote weight loss. Using Raspberry Ketones with a well-balanced diet and exercise, has shown to enhance metabolism, support thermogenesis and aid lipolysis.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules | Servings Per Container: 90

Amount Per Serving		% D.V.
Raspberry Ketone	1000 mg	**

\*\* Daily Value Not Established

#### Suggested use:

Take two capsules once daily 30 minutes prior to meals with an 8-ounce glass of water.

