



DIETARY SUPPLEMENT

GINKGO BILOBA

- Ginkgo Biloba can reduce the symptoms of anxiety and can improve mental function.
- It is easy to swallow and easy to digest
- Made with natural products capsuled in vegetable capsules, this product is free of raw materials and animal byproducts.

Dr. Dodge's research team followed 118 people for three years. These patients were at least 85 years old, healthy, and did not have any signs of memory loss or dementia when the study started. Half of these people took ginkgo biloba, and the other half took a placebo. Throughout the study, a patient's memory was evaluated using a 5-point scale called the Clinical Dementia Scale, which is commonly used by doctors and researchers to test memory impairment. At the end of the three years, 21 people had developed memory problems or dementia according to this scale, and most of them were in the placebo group.

<http://www.center4research.org/ginkgo-biloba-may-help-memory-may-serious-health-risks/>

SUPPLEMENT FACTS

Serving Size: 1 capsule | Servings Per Container: 60

Amount Per Serving		% D.V.
Ginkgo Biloba Extract (leaf)	60 mg	*
*DV Not Established		

Ginkgo Biloba is derived from a large tree with fan-shaped leaves that is native to parts of Asia but has been grown in Europe and in the US since the 1730's. Taken by mouth, this vitamin can aid in increasing blood flow in the brain and assist in Alzheimer's disease and other memory disorders. In addition to aiding in blood flow in the brain, ginkgo biloba

can also assist in blood flow in other areas of the body. The seeds of the ginkgo contain substances that could kill bacteria and fungi that cause infections in the body. The list of benefits for Ginkgo Biloba in the body is lengthy, because the Ginkgo tree has been around since 2600 BC, where it was used for asthma and bronchitis.

Suggested use:

Take one capsule with an 8 oz glass of water daily.

